

AUGUST 2026



DOWNERS GROVE TOWNSHIP SENIOR PROGRAMS

DOWNERS GROVE TOWNSHIP CENTER

4341 Saratoga Avenue
Downers Grove, IL 60515

(630) 719-6670

www.myactivecenter.com/activities/4276:1

**Registration for August programs opens on
Tuesday, July 28 at 9:00am
DO NOT LEAVE A VOICEMAIL**

ATTENTION: The Supervisor's Office will **NOT** be
available for walk-ins from 8:30 to 10:00 am.

The Downers Grove Township Center provides programs and services designed to enhance the quality of life for our senior citizens 55 years of age and over. These programs promote independence and wellness to help older adults in the community remain active and healthy.

We look forward to seeing you soon!

Downers Grove Township Center
4341 Saratoga
Downers Grove, IL 60515

Senior Programs

August 2026

Register at 630-719-6670 or
myactivecenter.com/activities/4276:1



Monday	Tuesday	Wednesday	Thursday	Friday
3 No Senior Events Senior Advisory Committee Meeting Saturday, August 1 11:00 Bakers Square Brunch Meetup	4 9:30 Hobby Enthusiasts 9:30 Open Games 11:00 Community Dining 12:30 MMS: Long-Term Care Games 2:30	5 9:30 Chair Yoga* 11:00 Community Dining 12:30 Monarch Butterfly Experience 3:00 Chair Yoga*	6 9:30 Spreading Sunshine 1 10:00 Open Games at Darien P.D. 11:00 Planning Ahead 1:00 Tai Chi 2:30 Games	7 10:30-12:30 Humana Office Hours with Tino 1:00 Musical Jam
10 10:30 Just Us Seniors 1:00 Card Making*	11 9:30 Open Games 11:00 Community Dining 12:30 Social Security Games 2:30	12 9:30 Chair Yoga* 11:00 Alan & Jimmy at Community Dining 12:30 Bingo 3:00 Chair Yoga*	13 9:00 Men's Coffee & Conversation 10:00 Open Games at Darien P.D. 10:00 Caregiver Support Group 11:30 Relaxation 12:00 SSS: Summer Picnic Games 2:30	14 No Senior Events
17 10:00 AARP Smart Driver Class** 12:15 Puzzlers Showdown	18 9:30 Open Games 11:00 Community Dining 12:30 Sing-a-long 2:30 Games	19 9:30 Chair Yoga* 10:00 AARP Smart Driver Class** 11:00 Community Dining 12:30 Birds of Prey Book Club at DG Public Library 1:30 Chair Yoga* 3:00	20 9:30 Spreading Sunshine 2 10:00 Open Games at Darien P.D. 11:00 Testing Your Nutrition IQ 1:00 Tai Chi 2:30 Games	21 9:30 Veterans Coffee, Conversation, & Resource Rally 11:30 Bunco 1:30 Get Up & Game Day!
24 No Senior Events	25 9:30 Open Games 11:00 Community Dining 1:30 Rummikub 2:30 Rumble Games	26 9:30 Chair Yoga* 11:00 Community Dining 12:30 Wii Wednesday 1:30 Buddy Holly Show @ Drury Lane, Oakbrook** 3:00 Chair Yoga*	27 10:00 Open Games at Darien P.D. 10:00 Caregiver Support Group 11:00 Folded with Love: Dollar Bill Origami 11:30 Relaxation 1:00 Tai Chi 2:30 Games	28 10:30-12:30 Humana Office Hours with Tino 1:00 Senior Fun Fair
31 1:00 Popcorn Matinee	1 9:30 Open Games 11:00 Community Dining 12:30 Fun & Festive Fall Events Workshop 2:30 Games	2 9:30 Chair Yoga* 11:00 Community Dining 12:30 Fall Prevention 3:00 Chair Yoga*	3 9:30 Spreading Sunshine 1 10:00 Open Games at Darien P.D. 11:00 Summer Stories 2:30 Games	4 12:00 Labor Day Picnic at McCollum Park*

* \$5 cost to participate
** Fee to participate

Registration for August programs opens Tuesday, July 28 at 9:00am

To learn more visit: www.dgtownship.com/senior-services/



**COME ENJOY LUNCH WHILE SOCIALIZING
WITH OTHERS IN OUR COMMUNITY**

Community Dining

DuPage Senior Citizens Council will serve
hot, nutritious meals to seniors 60+
on Tuesdays and Wednesdays
from 11:00 am -12:00 pm.

Downers Grove Township Center
4341 Saratoga Avenue
Downers Grove, IL 60515

A donation of \$5.00 is requested
(Flat \$7.00 fee for anyone under the age of 60)

REGISTER BY 10AM THE WEDNESDAY PRIOR
AT 630-642-8517



DuPage Senior Citizens Council
Providing Meals and More...

COMMUNITY DINING MENU

Downers Grove Township
AUGUST 2026

(630) 642-8517

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Salisbury Steak Mashed Potatoes Cabbage & Carrots Multi Grain Bread Fresh Melon Oatmeal Raisin Cookie (*)	Pizza Calzone Broccoli Sicilian Blend Veggies Mixed Salad Greens Mixed Fruit		
3	4	5	6	7
	Beef French Dip w/Mushrooms & Onions Oven Fries Corn Whole Wheat French Roll Whole Apple	Lasagna w / Meat Sauce Squash Medley Italian Green Beans Whole Wheat Vienna Bread Chilled Pears		
10	11	12	13	14
	Hamburger Bean Casserole Mixed Veggies Whole Wheat Bun Fruit Sunburst (*)	COLD MEAL BLT Chicken Salad Mixed Salad Greens/Tomato Tri Bean Salad Corn Bread Mandarin Oranges		
17	18	19	20	21
	Eggs / Biscuit & Gravy (Turkey Sausage) Diced Hash Browns Apple Cobbler Juice Banana	Slow Roasted Beef Au Gratin Potatoes Carrots & Chives Whole Wheat Dinner Roll Mixed Fruit		
24	25	26	27	28
31				All Meals Include a Beverage (*) Substitutions for Diabetic

MENU ITEMS SUBJECT TO CHANGE WITHOUT NOTICE DGT5

PLEASE REGISTER IN ADVANCE FOR ALL EVENTS!

Visit myactivecenter.com/activities/4276:1 or call 630-719-6670.



Sign up early so you don't miss out! Waitlists will be formed once events reach capacity.

If you are unable to attend an event, kindly call and let us know so that we can accommodate others who are interested.

JUST A REMINDER

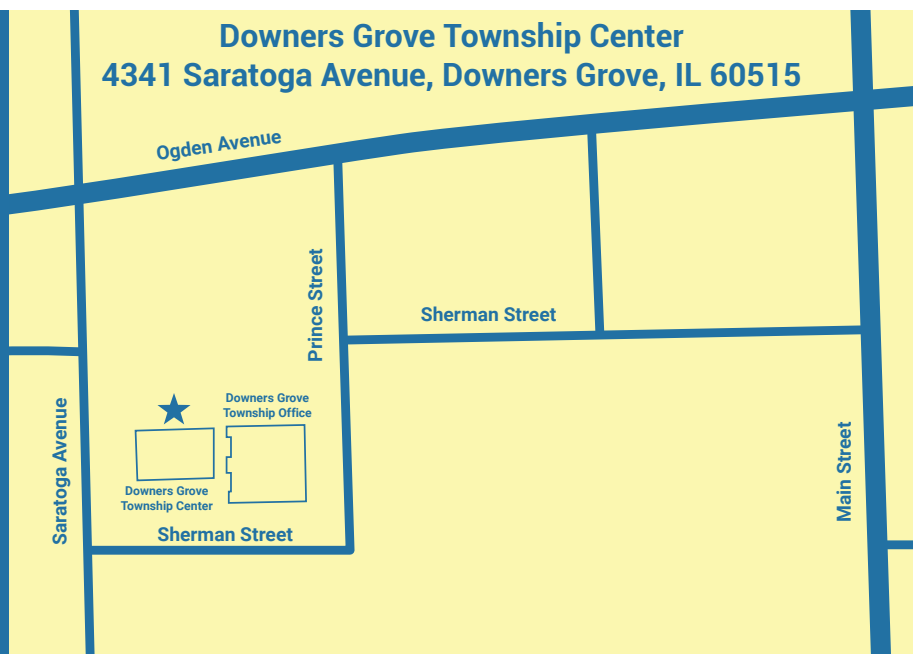
Township Center doors will be opened 30 minutes before the start time of an event.

**REGISTRATION FOR AUGUST
PROGRAMS OPENS ON TUESDAY,
JULY 28 AT 9:00AM**

DO NOT LEAVE A VOICEMAIL.

ATTENTION: The Supervisor's Office will NOT be available for walk-ins from 8:30 to 10:00 am.

When visiting Downers Grove Township you may park in front of both the Township Center building (4341 Saratoga Avenue) or the Administrative Offices building (4340 Prince Street). Additional parallel parking is located on Sherman Street. Please be careful in our parking lot and consider carpooling when you can. Parking is limited!





BAKERS SQUARE BRUNCH MEETUP

Start your weekend with good food and even better company! The township invites you to come and join us for brunch at **Bakers Square** in Woodridge. This is a wonderful opportunity to enjoy a local restaurant and possibly meet new faces. ****Separate checks; registration is required. The Township will be making all the arrangements. This is an individual meet-up; no transportation is provided.***

**Saturday, August 1, 2026
11:00 AM**

****This is an off-site program.***

**Bakers Square
2020 75th Street, Woodridge, IL 60517**



OPEN GAMES

Calling all early birds! Meet up with us on Tuesday mornings for some coffee, camaraderie, gaming, and conversation. We have a variety of board games, playing cards, American and Chinese Mahjong sets, puzzles, and more! This is also a great time to bring your own games, or try something new to you, while hanging out with great people and starting your day off right.

**Tuesdays, August 4, 11, 18, 25,
September 1, 2026
9:30 AM - 10:30 AM**

HOBBY ENTHUSIAST GATHERING: CALLING ALL DOLL LOVERS!

Do you collect, craft, restore, dress, or simply admire dolls? Join fellow enthusiasts for a relaxed morning of conversation and connection. This is not a staff-led program or formal presentation—just a welcoming space to gather with others who share your passion. We'll provide the tables and time; you bring the conversation, your stories, and maybe a favorite doll or project to share!

**Tuesday, August 4, 2026
9:30 AM - 10:30 AM**



MMS: LONG-TERM CARE: THE RISK THAT CHANGES EVERYTHING

August Monthly Money Series, our presenters from **WealthWave** will be sharing their expertise on the ins and outs of Long-Term Care. After this eye-opening seminar, you'll understand how one health event can undo decades of financial progress, why traditional planning often falls short, and how newer strategies can protect assets AND provide flexibility. ***Attendees are welcome to invite adult children or family members to this seminar with them – please make sure to register all individuals attending.***

**Tuesday, August 4, 2026
12:30 PM - 1:30 PM**



**Register at myactivecenter.com/activities/4276:1 or call 630-719-6670
Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515**



GAMES, CARDS, PING PONG, AND MORE!

Games, Ping Pong, and Puzzles, oh my! If you're looking for a fun afternoon with a dash of friendly competition, join us for afternoon games! Whether you prefer to play board games with a group, ping pong with the regulars, or "socially introvert" by working on a puzzle, we have something for everybody.

**Tuesdays, August 4, 11, 18, 25,
September 1 2026**
**Thursdays, August 6, 13, 20, 27,
September 3 2026**
2:30 PM - 3:30 PM



MONARCH BUTTERFLY EXPERIENCE

Attention all butterfly enthusiasts! If you have a passion for butterflies and want to learn how to raise Monarchs, this presentation is perfect for you! Our resident butterfly expert, [Alan Jirik](#), will guide you through everything you need to know to raise happy and healthy Monarch butterflies. Plus, you'll receive some goodies to help you get started!

Wednesday, August 5, 2026
12:30 PM - 2:30 PM

MORNING CHAIR YOGA

Join us for a gentle exercise class that focuses on stretching and strengthening! This session features both seated and standing chair yoga postures, designed to enhance your flexibility, mobility, relaxation skills, balance, and coordination. Experience the benefits of mindful movement in a supportive environment!

Presented by MKH Yoga

**Wednesdays, August 5, 12, 19, 26,
September 2, 2026**
9:30 AM - 10:30 AM

Cost: \$5



AFTERNOON CHAIR YOGA

Join us for a gentle exercise class focused on stretching and strengthening! This session includes both seated and standing chair yoga postures, designed to enhance your flexibility, mobility, relaxation skills, balance, and coordination. Come and experience the benefits of mindful movement in a supportive environment!

Presented by MKH Yoga

**Wednesdays, August 5, 12, 19, 26,
September 2, 2026**
3:00 PM - 4:00 PM

Cost: \$5



Register at myactivecenter.com/activities/4276:1 or call 630-719-6670



SPREADING SUNSHINE: VOLUNTEER PROJECTS

Help give back to the community by volunteering! Each month we'll have a variety of projects available that will benefit local organizations in our area. Your efforts will make a positive impact on our community members.

**Session 1: Thursdays, August 6,
September 3, 2026**

**Session 2: Thursday, August 20, 2026
9:30 AM - 10:30 AM**

OPEN GAMES AT DARIEN PARK DISTRICT

If there's one thing we know for sure, it's that Township Seniors are serious about their games! In order to provide more open gaming options around the community, **Darien Park District** is now hosting Open Games every Thursday from 10:00 am. - 12:00 pm. Bring your friends and let the games begin! ****Registration is currently only available through the Township on My Active Center or by calling (630) 719-6670.**

**Thursdays, August 6, 13, 20, 27,
September 3, 2026
10:00 AM - 12:00 PM**

****This is an off-site program.***

**Darien Park District
7301 Fairview Ave., Darien, IL 60561**



PLANNING AHEAD: YOUR FINAL WISHES

Planning ahead is one of the greatest gifts you can give your loved ones. Join **Matt from Modell Funeral Home** for an informative lunch-and-learn exploring cremation and burial options, advance funeral planning, and the important decisions to consider before they become urgent. Matt will help simplify the planning process, answer common questions, and explain how making your wishes known can ease emotional stress while helping reduce unexpected financial burdens for your family. Whether you're just beginning to think about the future or are ready to put a plan in place, this presentation will provide valuable information in a comfortable, no-pressure environment.

Lunch will be provided by Modell Funeral Home

**Thursday, August 6, 2026
11:00 AM - 12:00 PM**

TAI CHI

Tai Chi is a 16-week-long, progressive exercise program designed to increase range of motion, strength, flexibility and overall wellness. Exercises offered are appropriate for people of all fitness levels- you can participate sitting or standing. Join us to improve your health and make new friends!

****Registration is closed for this program***

Presented by MariJane Dare

**Thursdays, August 6, 20, 27, 2026
1:00 PM - 2:00 PM**



Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515



HUMANA OFFICE HOURS WITH TINO

Have questions about Medicare or your health insurance? Stop by during Humana Office Hours to meet one-on-one with **Humana representative Tino Binetti**. Whether you need help understanding your coverage, reviewing your options, or getting answers to general Medicare questions, Tino is here to provide helpful information and guidance.

Fridays, August 7 & 28, 2026
10:30 AM - 12:30 PM

MUSICAL JAM

Calling all musicians and music lovers! Do you play an instrument and want to jam with fellow seniors? Join us for a lively jam session! Bring your instrument and a music stand, and if you have sheet music to share, feel free to bring that along as well. Come enjoy an afternoon of live music and camaraderie.

THIS MONTH WE WILL HOST A "BUY, SELL, TRADE" EVENT during the Jam hours. Bring your used gear to sell or trade. Guitars, Amps, Pedals, etc.

Friday, August 7, 2026
1:00 PM - 3:30 PM



CARDMAKING

Grab a spot before they're gone for this incredibly popular cardmaking class. You'll learn to make your own homemade greeting cards using a variety of rubber stamping and paper crafting techniques, guided by instructor **Lou Smolinski**. By the end of class, you'll have a handcrafted masterpiece that you may just want to keep for yourself! This class fills up fast and does not disappoint.

Monday, August 10, 2026
1:00 PM - 3:00 PM

Cost: \$5



JUST US SENIORS

Just Us Seniors is an opportunity for Township Center patrons and Township staff to get together to discuss the current ideas, thoughts, opinions, issues, needs, and wants of the older adults that we serve. It's a great place to ask questions, get connected with resources, and bring new ideas to the table. Please don't be shy and give it a try!

Monday, August 10, 2026
10:30 AM - 11:30 AM

Register at myactivecenter.com/activities/4276:1 or call 630-719-6670



ALAN AND JIMMY AT COMMUNITY DINING: SUMMER SONGS

During Community Dining, enjoy music from a time when we were young and the music was great. **Alan and Jimmy** played 60's music in high school and college. They took a long (38 year) break to focus on family and careers but now they are back, providing entertainment to seniors during Community Dining!

Wednesday, August 12, 2026
11:00 AM - 12:00 PM

SOCIAL SECURITY SEMINAR

Whether you're already receiving Social Security benefits or planning for the future, understanding your options can help you make informed decisions. Join a knowledgeable presenter from **AARP** for an easy-to-follow overview of the Social Security program. There will also be time for general questions, making this a valuable opportunity to gain confidence in one of the most important parts of retirement planning.

Tuesday, August 11, 2026
12:30 PM - 1:30 PM



MEN'S COFFEE AND CONVERSATION

Be a part of Coffee and Conversation, an exclusive gathering for men! Enjoy a warm cup of coffee while engaging in lively discussions on topics that matter to you—from sports and hobbies to personal experiences and current events. This is a great opportunity to connect with other guys, share your thoughts, and build camaraderie in a relaxed setting. Whether you're here to chat or listen, your voice is welcome.

Thursday, August 13, 2026
9:00 AM - 10:30 AM



BINGO

Come to the Downers Grove Township Center for a fun afternoon of Bingo, hosted and sponsored by our fabulous "Bingo Lady," **Alyssa Vejendla from Clemens Enterprises!** This is the most popular event, so sign up early! Prizes will be awarded, and dessert will be served. Don't forget - we will celebrate all of the special monthly birthdays!

Wednesday, August 12, 2026
12:30 PM - 2:00 PM

Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515



CAREGIVER SUPPORT GROUP

Our Caregiver Support Group offers a warm and welcoming place for those caring for aging loved ones to connect and feel supported. **Led by Nate Underhile from Metropolitan Family Services**, this group is designed for adult children caring for aging parents, spouses, and long-distance caregivers of seniors age 60+, including those supporting loved ones living with Alzheimer's disease or Dementia. In a relaxed and understanding setting, participants can share experiences, talk through caregiving challenges, learn ways to balance their own needs with those of their loved ones, and discover helpful tips and resources. Most importantly, it's a chance to connect with others who understand the caregiving journey and remind you that you're not alone.

Thursdays, August 13 & 27, 2026
10:00 AM - 11:15 AM
Township Board Room
4340 Prince Street, Downers Grove, IL

RELAXATION CLASS

Feeling stressed? Relax with us! Allow your cares to melt away as you practice calming breathing exercises, guided visualization, and other mindful techniques designed to reduce stress and improve overall well-being. Take a moment for yourself—you deserve peace and balance. 🌿

In partnership with Metropolitan Family Services
Led by Nate Underhile

Thursdays, August 13 & 27, 2026
11:30 AM - 12:00 PM
Township Board Room
4340 Prince Street, Downers Grove, IL



SENIOR SURVIVAL SKILLS: SUMMER PICNIC

Summer fun is still happening here at Downers Grove Township! It's not officially summer until we have our annual Senior Survival Skills Summer Picnic. **Joe "The Hot Dog Guy"** will be making an appearance with his famous hot dog cart, traditional picnic sides like watermelon, sparkling grape juice, and cake will be served. We will also have games to play, and lots of fun will be had by all!

Sponsored by The Petranek Team
at Coldwell Banker

Thursday, August 13, 2026
12:00 PM - 2:00 PM

AARP SMART DRIVER

This 2-day course teaches proven driving techniques to help keep you and your loved ones safe on the road. Additionally, you could be eligible for a multi-year discount on your auto insurance.

Bring cash or check to the first day of class. Please bring your own lunch. Light refreshments will be provided. Must call (630) 719-6670 to register.

Monday & Wednesday, August 17 & 19, 2026
10:00 AM - 2:00 PM

\$20 AARP Members
\$25 NON-AARP Members

Township Board Room
4340 Prince Street, Downers Grove, IL



Register at myactivecenter.com/activities/4276:1 or call 630-719-6670



PUZZLERS SHOWDOWN

Welcome to the Puzzlers Showdown: Team Challenge! This friendly yet competitive event brings together teams of four in a battle of brains, focus, and teamwork. Your mission: complete the 500-piece puzzle before the other teams do! Whether you're a dedicated puzzler or just love a good challenge, this competition is the perfect opportunity to showcase your talent and enjoy some brain-teasing fun! You can choose to register individually and we will place you on a team when you arrive at the event.

*****COMPETITION STARTS PROMPTLY AT 12:30**
Each team will be allotted 2.5 Hours to complete the puzzle.

A 30 Minute Lunch break is included in Event time and food provided. ***Any Food Allergies must be submitted a week prior to the event.**

Monday, August 17, 2026
12:15 PM - 3:30 PM

BIRDS OF PREY PRESENTATION



Get ready for an unforgettable wildlife experience! Join us as expert wildlife educators introduce some of nature's most fascinating birds of prey, including majestic hawks, owls, and falcons. Meet these incredible birds up close while learning about their unique behaviors, remarkable adaptations, and the important role they play in our ecosystem. Following the presentation, you'll have the opportunity to explore an extensive collection of hands-on educational displays featuring authentic feathers, talons, and other fascinating biological artifacts. Feel the softness of an owl feather, examine the powerful feet of a hawk, and discover what makes these remarkable raptors such skilled hunters. Whether you're a lifelong bird enthusiast or simply curious about the natural world, this interactive program offers a rare chance to experience these magnificent birds in a fun, educational, and memorable way. **(*Birds will be secured with their handler and will not be free-flying.)**

This amazing program is generously sponsored by The Birches Assisted Living and Memory Care.

Wednesday, August 19, 2026
12:30 PM - 2:00 PM

SING-A-LONG

Join us for a traditional Sing-a-Long session to unleash your inner songbird with some classics. A binder with words to each song will be provided. Songs will be accompanied and led by **Bob Jerosky**. Song requests are always welcome.

Tuesday, August 18, 2026
12:30 PM - 1:30 PM



BOOK CLUB

The Guernsey Literary and Potato Peel Pie Society—born as a spur-of-the-moment alibi when its members were discovered breaking curfew during WW II by the Germans occupying their island—boasts a charming, funny, deeply human cast of characters, from pig farmers to phrenologists, literature lovers all. Written by Mary Ann Shaffer with warmth & humor as a series of letters, this novel is a celebration of the written word and of finding connection in the most surprising ways.

Wednesday, August 19, 2026
1:30 PM. - 2:30 PM

***This is an off-site program.**

Downers Grove Public Library
1050 Curtiss St, Downers Grove, IL 60515





TEST YOUR NUTRITION IQ

Come hungry and bring your thirst for knowledge to this interactive presentation with our friendly **Humana representative, Tino Binetti!** Tino will break down complex nutrition principles into bite-sized pieces that are easy to understand and apply to your everyday food choices. You'll leave with practical tips to help you make healthier decisions with confidence.

Lunch is generously provided by Humana.

**Thursday, August 20, 2026
11:00 AM - 12:30 PM**

VETERANS' COFFEE, CONVERSATION, AND RESOURCE RALLY

Veterans Coffee, Conversation, and Resource Rally is a monthly opportunity for veterans to come together for coffee, light refreshments, and connection. There will also be a variety of community agencies available to discuss benefits and resources specifically for veterans. **No registration necessary. Coffee and Conversation from 9:30 am. - 10:30 am. Resource Rally from 10:30 am. - 2:00 pm.**

**Friday, August 21, 2026
9:30 AM - 2:30 PM
Township Board Room
4340 Prince Street, Downers Grove, IL**



GET UP AND GAME DAY

Play your way to a great time with Recreation & Games! Enjoy a variety of fun, low-impact activities designed to keep you moving and smiling. Try ping pong, test your skills with Wii Bowling, toss some bags, and take part in light 'exercise in disguise' games perfect for all ability levels. Whether you're feeling competitive or just looking to relax and socialize, this is a great way to stay active, connect with others, and enjoy good company.

**Friday, August 21, 2026
1:30 PM - 3:30 PM**



BUNCO

Experience a lively afternoon of fun with our social group dice game—no skill required! It's a fast-paced game that guarantees lots of laughs and great company. Don't miss out on the excitement!

**Prizes sponsored by
Allison Green of Assisted Living Locators &
Rachelle Ventura from In Home Personal Services**

**Friday, August 21, 2026
11:30 AM - 1:00 PM**

Register at myactivecenter.com/activities/4276:1 or call 630-719-6670



RUMMIKUB RUMBLE

If you've been sharpening your skills during Open Games, now's your chance to put them to the test! Join us for our Rummikub Rumble, where our dedicated players will compete in multiple rounds of friendly competition for the title of Rummikub Champion. Enjoy an afternoon of strategy, laughter, and great sportsmanship as you face off against fellow tile enthusiasts. Will you earn the bragging rights? Prizes will be awarded to our top finishers! Rummikub Rumble to overflow into afternoon gaming time.

Tuesday, August 25, 2026
1:30 PM - 3:30 PM

BUDDY (BUDDY HOLLY SHOW AT DRURY LANE)

Join us for this meet-up at Drury Lane to see *Buddy—The Buddy Holly Story*. Buddy chronicles the life and music of rock-and-roll pioneer Buddy Holly, from his early start in Texas to his meteoric rise to fame and untimely death at age 22. Experience the original sound that changed rock and roll music as we know it. **Content advisory: Mature Themes. Run time: 2 hours including a 20-minute intermission. Register in person at The Township Supervisor's Office (4340 Prince Street). Tickets are \$50.00 and must be paid by either cash or check.**



Wednesday, August 26, 2026
1:30 PM - 3:30 PM

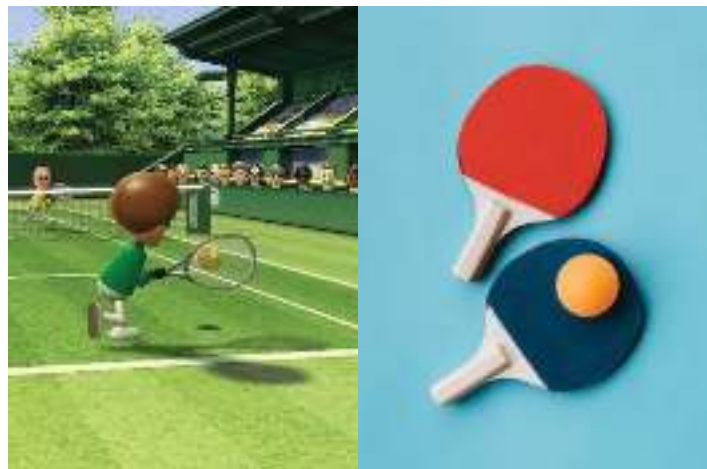
***This is an off-site program.**

Drury Lane Theater
100 Drury Ln, Oakbrook Terrace, IL 60181

WII WEDNESDAY

Looking for a fun and friendly way to stay active and social? Join us for Nintendo Wii & Ping Pong at the Downers Grove Township Center! Whether you're a seasoned pro or just trying something new, this is a great opportunity to get moving, challenge your hand-eye coordination, and enjoy some lighthearted competition with friends.

Wednesday, August 26, 2026
12:30 PM - 2:00 PM



FOLDED WITH LOVE: DOLLAR BILL ORIGAMI

In this fun, hands-on workshop, you'll receive your \$5 registration fee back in the form of five \$1 bills to fold into adorable origami hearts. Led by a talented fellow senior and Township staff, you'll learn step-by-step techniques with guided instruction, demonstrations, and helpful videos.

These charming dollar bill hearts are perfect for tucking into greeting cards, surprising grandchildren, leaving thoughtful tips, or sharing a little kindness with someone special. Good hand dexterity is recommended for this class. Our goal is for everyone to leave with five completed hearts and the confidence to create even more at home!

Thursday, August 27, 2026
11:00 AM - 12:30 PM

Cost: \$5

Photo Credit: DIY Joy



Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515



SENIOR FUN FAIR!

Step right up for an afternoon of games, prizes, treats, and good company at our Senior Fun Fair! Wander from table to table where you'll find friendly community services and organizations ready to welcome you with simple carnival-style games, helpful information, and a chance to win a small prize or sweet treat. Enjoy classic fair-inspired snacks, plenty of laughter, and a festive atmosphere. It's all the fun of a trip to the fair—without the long lines or the dizzy rides!

Friday, August 28, 2026
1:00 PM - 3:00 PM

POPCORN MATINEE

Join us for this month's Popcorn Matinee at the Township Center, where you can enjoy fresh, movie-theater-style popcorn and some fun voting! This month, we're featuring: *A Beautiful Day in the Neighborhood* (2019) starring Tom Hanks or *American Graffiti* (1973) starring Richard Dreyfuss. What's better than a great movie? A great movie with great snacks! Visit our new concession stand for tasty treats and the full movie-going experience. After watching both trailers, you'll have the chance to cast your vote by a show of hands. Then settle in for the feature presentation.

Monday, August 31, 2026
1:00 PM - 3:00 PM



FALL PREVENTION

Join **Suzanne Kinsey from Angels Homecare** for an informative seminar on reducing your risk of falls and maintaining your independence. Learn practical tips for improving balance, identifying common fall hazards, and creating a safer home environment. Whether you're looking to protect yourself or a loved one, you'll leave with simple strategies to help you stay active and confident. A light snack will be provided.

Wednesday, September 2, 2026
12:30 PM - 2:00 PM



FUN AND FESTIVE FALL EVENTS WORKSHOP

Join us for this informational seminar where we will help you fill your day planner with fun and festive Fall activities offered at locations throughout the Township! We will collect the information; you just show up and fill your calendar with the ones that pique your interest! All you need to bring is your beautiful self and a calendar or planner!

Tuesday, September 1, 2026
12:30 PM - 1:30 PM

Register at myactivecenter.com/activities/4276:1 or call 630-719-6670



SUMMER STORIES & SNAPSHOT

Every summer has a story to tell! Join us for a relaxed conversation as we share vacation memories, day trips, favorite summer moments, and seasonal adventures. We'll have fun prompted questions to keep the conversation flowing, and you're welcome to bring photos or souvenirs to share. If your photos are on your phone, we'll have an adapter available so everyone can enjoy them on the big screen.

Thursday, September 3, 2026
11:00 AM - 12:30 PM

As we welcome **August**, we celebrate the joys of summer and the opportunities it brings to learn and connect with one another.

At the **Downers Grove Township Center**, we are grateful for the kindness and vibrant spirit each of you brings to our programs. Your smiles inspire us every day, and we are honored to be part of your journey.

We hope this month's activities bring you moments that brighten your days. We look forward to sharing another wonderful month together.

With warmest wishes,

Kim Savage
Downers Grove Township Supervisor



LABOR DAY PICNIC AT MCCOLLUM PARK

Celebrate the close of summer with friends, food, and fun at our annual Labor Day Picnic! This relaxing and festive event offers a chance to enjoy the season's last warm days in a welcoming, laid-back setting. New this year, we are partnering with **Downers Grove Park District** to bring live music to the party! Bring your favorite lawn chair if you'd like. Lunch will be served, and **Erik Donner** will be performing. You won't want to miss it!

Pre-registration is required. Please note: the nearest restrooms are about a five-minute walk from the pavilion. In the event of bad weather, this program will be moved to the Lincoln Center.

Friday, September 4, 2026
12:00 PM - 2:00 PM

****This is an off-site program.***

McCollum Park
6801 Main St, Downers Grove, IL 60516
in the pavilion by the basketball courts

Cost: \$5



Let's show some love to our community members in need. This month, please consider bringing a paper product to benefit local families served by FISH Food Pantry. Thanks in advance for your generosity!

WE WOULD ESPECIALLY APPRECIATE DONATIONS OF:

Fresh Apples, Oranges, Potatoes, Onions, Canned Fruit, Applesauce, Ketchup, Mustard, Mayo, Salad Dressing, Cooking Oil, and Peanut Butter

FOOD DISTRIBUTION

Tuesday 4-6 PM & Friday 8:30-11:30 AM

ACCEPTING DONATIONS

Tuesday 8:30-10:30 AM & 5:30-6:00 PM
Thursday 8:30 - 10:30 AM & Friday 10:30-11:30 AM
downersgrovefish.org
4341 Saratoga Avenue, Downers Grove, IL 60515

HOW TO REGISTER FOR FEE-BASED ACTIVITIES:

1. **FIND THE ACTIVITY:** Look for activities marked with a green dollar sign on My Active Center. This indicates they have a nominal fee.
2. **CHECK THE PRICE:** Once you click on the activity, you'll see the price displayed in green text on the activity page.
3. **ADD TO CART:** Click "Add to Cart" to proceed. The subtotal will be shown.
4. **GO TO YOUR CART:** Open your cart to review your selection. Here, you can click the green box that says "Pay for Selected Items."
5. **ENTER PAYMENT INFORMATION:** A pop-up will appear where you can enter your credit card details.
6. **CONFIRM PAYMENT:** After entering your payment information, your receipt will be displayed.
7. **OPTIONS AFTER PAYMENT:** From the receipt screen, you can:
 - Print your receipt.
 - View your schedule.
 - Return to browsing for more activities.
8. **CALL THE TOWNSHIP** at 630-719-6670 if unable to register on My Active Center for assistance in registering for Fee-Based Activities.



COMMUNITY
ASSISTED RIDES

Make a Difference as a CARS Volunteer!

Community Assisted Rides (CARS) provides local older adults with safe, accompanied ride services and friendly outreach. The older adults CARS serve are our parents, neighbors, former teachers and childhood leaders—a generation of people whose wisdom and talents shaped our community. Now they need a little assistance from us—not just to stay connected to their community, but to get to essential appointments and life-enhancing errands when they no longer feel comfortable or are unable to drive themselves.

As a CARS volunteer, you'll bring security, dignity, and companionship to local older adults while cultivating a community whose citizens look out for one another. Plus, our volunteer schedules are highly flexible and all training is provided!

Driving Connection, One Ride at a Time

communityassistedrides.org · 708-354-9328



2026 ADVISORY COMMITTEE MEETINGS

SENIOR ADVISORY COMMITTEE

**1st Monday of each
month at 1:30 PM**

DG Township Center
4341 Saratoga Avenue,
Downers Grove, IL 60515

January 5, 2026

February 2, 2026

March 2, 2026

April 6, 2026

May 4, 2026

June 1, 2026

July 6, 2026

August 3, 2026

No Meeting in September

October 5, 2026

November 2, 2026

December 7, 2026

YOUTH SERVICES ADVISORY COMMITTEE

**4th Tuesday of each
month at 7:00 PM**

DG Township Center
4341 Saratoga Avenue,
Downers Grove, IL 60515

January 27, 2026

February 24, 2026

March 24, 2026

April 28, 2026

May 26, 2026

June 23, 2026

July 28, 2026

August 25, 2026

September 29, 2026

October 27, 2026

November 24, 2026

December 29, 2026

MENTAL HEALTH ADVISORY COMMITTEE

**2nd Monday of each
month at 4:00 PM**

DG Township Board Room
4340 Prince Street,
Downers Grove, IL 60515

January 12, 2026

February 9, 2026

March 9, 2026

April 13, 2026

May 11, 2026

June 8, 2026

July 13, 2026

August 10, 2026

September 14, 2026

October 12, 2026

November 9, 2026

December 14, 2026

2026 DOWNERS GROVE TOWNSHIP BOARD MEETING SCHEDULE

3rd Monday of every month at 7:00 PM

Downers Grove Township Center

4340 Prince Street

Downers Grove, IL 60515

January 12, 2026
(2nd Monday)

February 17, 2026

March 16, 2026

April 20, 2026

May 18, 2026

June 15, 2026

July 20, 2026

August 17, 2026

September 21, 2026

October 19, 2026

November 16, 2026

December 14, 2026

50th Anniversary Celebration



October 22nd, 2026
6pm

Abbington Distinctive Banquets

www.dupageseniorcouncil.org



Downers Grove Township

Medical Lending Closet

The Township offers medical equipment for a 90-day loan at no cost to you.

No residency or age requirements.

Make an appointment if you are in need of...

- Wheelchairs
- Crutches
- Walkers
- Shower chairs
- Canes
- Rollators
- Knee scooters

4340 Prince St.
Downers Grove, IL 60515

630-719-6670

Open Tue, Wed, Thu
9:00 am- 4:00 pm

Appointments required



Donations of durable medical equipment are accepted, clean and lightly used only.





AREA EVENTS MEMORY CAFE

FOR INDIVIDUALS LIVING WITH DEMENTIA AND THEIR CARE PARTNERS

These Memory Cafe's deliver curated, intellectually engaging classes tailored to those with memory and language difficulties who are looking for a sense of community. The classes immerse participants in activities that promote engagement, socialization, and intellectual stimulation.

FIRST TUESDAY OF THE MONTH

1 - 2:30 PM

Multipurpose Room #1, Fort Hill Activity Center 20
Fort Hill Dr., Naperville

To register for the cafés, send a message to
dementiafriendlynaperville+info@gmail.com
or call Lisa Kirchner at 630-710-7502

SECOND TUESDAY OF THE MONTH

10:30 - 11:30 AM

Hinsdale Library
20 E. Maple St.

RSVP to 630-986-1976

SECOND TUESDAY OF THE MONTH

2:00-3:30 PM.

Meeting Room A/B, Naperville Public Library, 95th
Street Branch

3015 Cedar Glade Dr., Naperville

To register for the cafés, send a message to
dementiafriendlynaperville+info@gmail.com
or call Lisa Kirchner at 630-710-7502

SECOND THURSDAY OF THE MONTH

1:00 - 2:00 PM

First Congressional Church of Christ
1047 Curtiss Street, Downers Grove, IL 60515

RSVP Kerry Quirin

630-800-7865

kerry@seniorlivingexperts.com

THIRD MONDAY OF THE MONTH

1:00-2:00 PM

Westmont Library

428 N. Cass Ave

RSVP to 630-869-6150

THIRD MONDAY OF THE MONTH

1:30 - 3:00 PM

Elmhurst Library

125 S. Prospect Ave.

RSVP: <http://elmlib.org/MemoryCafe>



DOWNERS GROVE TOWNSHIP ELECTED OFFICIALS

Supervisor

Kim Savage

Assessor

Gregory A. Boltz

Highway Commissioner

Tom Chlystek

Clerk

Mandy Roudebush

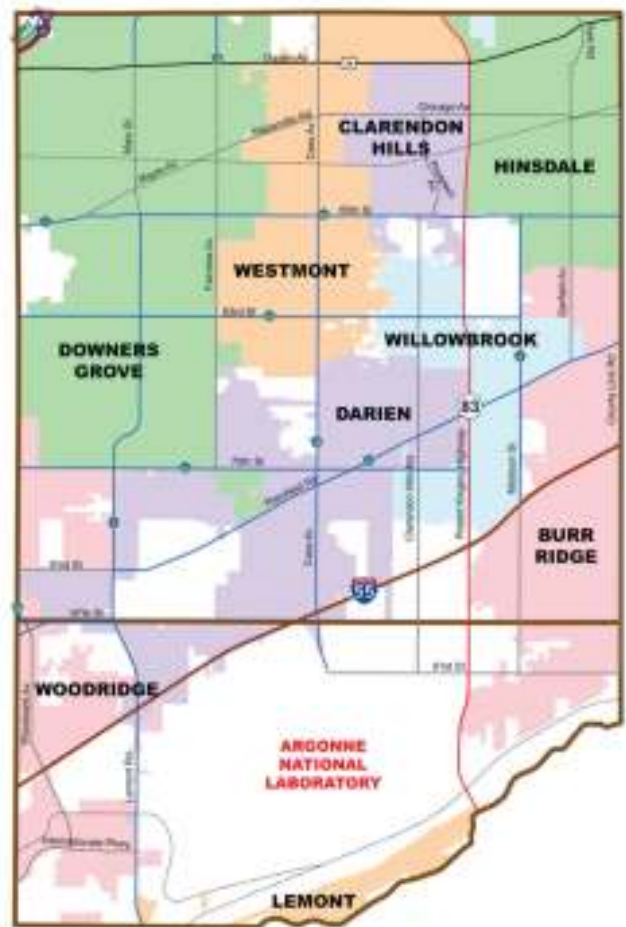
BOARD OF TRUSTEES

Kevin Szczerba

Karol Sole

Michelle Moreno

Richard Friel



Downers Grove Township Boundaries

Downers Grove Township is the largest township in DuPage County and covers the following areas: east to County Line Road, west to Woodward Avenue, north to 39th Street and south to the I&M Canal. Located in the southeast corner of DuPage County, the Township's jurisdiction includes the communities of

Burr Ridge

Clarendon Hills

Hinsdale

Darien

Downers Grove

Lemont

Westmont

Willowbrook

and Woodridge

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www.facebook.com/dgtownship

Follow us on Nextdoor: www.nextdoor.com

Sign up for our monthly newsletter

Email: humanservices@dgtownship.com

Visit our website:

www.dgtownship.com/senior-services/

